

## CPR-AED Course



This course is designed to provide participants with necessary life-saving techniques and ability to render chest compression and proper usage of the Automated External Defibrillator to a casualty when the need arises.

If you are a Coach registered under National Registry of Coaches (NROC), American Council on Exercise (ACE) Certified Personal Trainer or from other fitness organization, it is important to be equipped with important life skills. Certification lasts for 2 years and renewal is required every 2 years.

**All participants are required to complete the online theory components via e-learning before attending the practical session.**

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|----------------------------------|-----------------------------------------------------------------------------------------|
| <b>Course Duration</b>           | 4 hours over a day, 9am-1pm                                                             |
| <b>Course Date (Next Intake)</b> | 28 Nov 2026 (Sat)                                                                       |
| <b>Course Fees</b>               | \$95.00                                                                                 |
| <b>Registration Deadline</b>     | 18 Nov 2026 (Wed), 1800 hrs                                                             |
| <b>Venue</b>                     | International Sports Academy<br>223 Mountbatten Road, #03-15/16/17/18, Singapore 398008 |

The CPR-AED course is conducted by MHI Training Pte Ltd, an accredited training provider by Singapore Resuscitation and First Aid Council (SRFAC) and Singapore Resuscitation Council (NRC) for National Registry of Coaches (NROC) and Sport Singapore (SportSG).