

## Standard First Aid & CPR-AED Course



This course is designed to provide participants with knowledge and skills to provide essential first aid and provide help to an injured person in times of need. You will never know when you need these skills to save a life. If you are a Coach registered under National Registry of Coaches (NROC), American Council on Exercise (ACE) Certified Personal Trainer or from other fitness organization, it is important to be equipped with important life skills. Certification lasts for 2 years and renewal is required every 2 years.

Upon submission of registration, a confirmation email will be sent by International Sports Academy. Payment and/or SkillsFuture claim instructions will be sent by MHI Training Master via email within the next 3 working days after the registration deadline. All participants are required to complete the online theory components via e-learning before attending the practical session.

|                                          |                                                                                                                                                                                                                                                                                                                                                                                                  |
|------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Course Duration</b>                   | 8 hours over a day, 8am-5pm                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Course Date (Next Intake)</b>         | 14 Mar 2026 (Sat)                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Course Fees</b>                       | \$180.00                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Grants Available (T&amp;Cs apply)</b> | SkillsFuture Credits: For All Singaporeans aged 25 and above can use their \$500 SkillsFuture Credit from the government to pay for a wide range of approved skills-related courses. Visit the SkillsFuture Credit website ( <a href="http://www.skillsfuture.gov.sg/credit">www.skillsfuture.gov.sg/credit</a> ) to choose from the courses available on the Training Exchange course directory |
| <b>Registration Deadline</b>             | 23 Feb 2026 (Mon), 1800 hrs                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Venue</b>                             | MHI Training Pte Ltd<br>218E Changi Road, #03-05A, PKMS Building, Singapore 419737                                                                                                                                                                                                                                                                                                               |

Both CPR-AED and Standard First Aid Course are conducted by MHI Training Master, an accredited training provider by Singapore Resuscitation and First Aid Council (SRFAC) and Singapore Resuscitation Council (NRC) for National Registry of Coaches (NROC) and Sport Singapore (SportSG).