



## CPR-AED Course



This course is designed to provide participants with necessary life-saving techniques and ability to render chest compression and proper usage of the Automated External Defibrillator to a casualty when the need arises.

If you are a Coach registered under National Registry of Coaches (NROC), American Council on Exercise (ACE) Certified Personal Trainer or from other fitness organization, it is important to be equipped with important life skills. Certification lasts for 2 years and renewal is required every 2 years.

**All participants are required to complete the online theory components via e-learning before attending the practical session.**

<b>Course Duration</b>	4 hours over a day, 9am-1pm
<b>Course Date (Next Intake)</b>	17 Dec 2022 (Sat)
<b>Course Fees</b>	\$95.00
<b>Registration Deadline</b>	9 Dec 2022 (Fri), 1800 hrs
<b>Venue</b>	International Sports Academy 1 Stadium Place, Kallang Wave Mall, #01-09/11, Singapore 397628

The CPR-AED course is conducted by MHI Training Pte Ltd, an accredited training provider by Singapore Resuscitation and First Aid Council (SRFAC) and Singapore Resuscitation Council (NRC) for National Registry of Coaches (NROC) and Sport Singapore (SportSG).





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### What is the ISA Continuing Education Series?

A series of short, focused courses that breaks down complicated sports and fitness concepts into easy-to-digest programmes, allowing you to get a good foundational knowledge and understanding in specific areas of sports and fitness.

### Who Should Attend?

Anyone! Whether you just want to learn more about fitness for your personal knowledge, or you are a trainer who is looking to increase your skillsets and marketability, our Continuing Education courses are suitable for just about anyone.

### The ISA Advantage

ISA has been a trusted name in sports and fitness training and education in Singapore since 2003. We seek to be the thought leader by bringing together local and international experts with diverse expertise from across the industry, to seek collaborative solutions to Singapore's and the region's problems relating to health, fitness and sports.

In pursuit of our mission, we offer a full range of professional certifications, and short continuing education courses, each tailored to suit your varied needs and objectives.

- Appointed Education Partner and Approved Provider in Singapore by the American Council on Exercise (ACE).
- Endorsed by industry leaders such as Virgin Active, True Fitness, the Pure Group, WAKO Singapore, Singapore Federation of Bodybuilding and Fitness, Superfit, Sports Lifestyle Initiatives, Club Managers' Association (Singapore) and Sports Lab among others
- Provides early industry exposure and job placement assistance through extensive industry network.
- Offers continuing education courses for increasing your skillsets.

